



# October Menu 2024



| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|---|--|--|--|---|
| 30<br>Breakfast: Bagels, Mixed Fruit, Milk<br>Lunch: Turkey Meatballs, Mashed Potatoes, Peas, Applesauce, Milk<br>Snack: Pretzels, Celery, Water    | 1<br>Breakfast: Muffins, Pineapples Milk<br>Lunch: Turkey Sandwiches, Carrots, Apples, Milk<br>Snack: Cheese & Crackers, Water           | 2<br>Breakfast: Nutri Grain Bar, Mixed Fruit, Milk<br>Lunch: Spaghetti, Pineapples, Peas, Roll, Milk<br>Snack: Vanilla Wafers, Cheese Sticks, Water  | 3<br>Breakfast: Cheese Toast, Oranges, Milk<br>Lunch: Pizza, Pears, Corn, Milk<br>Snack: Pretzels, Cantaloupe, Water                       | 4<br>Breakfast: Raisin Bread, Peaches, Milk<br>Lunch: Chicken Nuggets, Broccoli Apples, Rolls, Milk<br>Snack: Cheeseballs, Carrots Water  |
| 7<br>Breakfast: Cereal, Bananas, Milk<br>Lunch: Chicken & Cheese Wrap, Sweet Potato, Pineapples, Milk<br>Snack: Animal Crackers, Applesauce, Water  | 8<br>Breakfast: Waffles, Oranges, Milk<br>Lunch: Mac & Cheese, Mixed Veg., Peaches, Milk<br>Snack: Graham Crackers, Strawberries, Water  | 9<br>Breakfast: French Toast, Mixed Fruit, Milk<br>Lunch: Fish Sticks, Green Beans Pears, Roll, Milk<br>Snack: Cheese Its, Apples,                   | 10<br>Breakfast: Oatmeal, Peaches, Milk<br>Lunch: Cheese Ravioli, Peas & Carrots, Oranges Milk<br>Snack: Veggie Straws, Blueberries, Water | 11<br>Breakfast: Pancakes, Applesauce, Milk<br>Lunch Grilled Cheese, Carrots, Pears, Milk<br>Snack: Gold Fish, Pineapples, Water          |
| 14<br><b>Closed for Columbus Day</b>  | 15<br>Breakfast: Muffins, Pineapples Milk<br>Lunch: Turkey Sandwiches, Carrots, Apples, Milk<br>Snack: Cheese & Crackers, Water          | 16<br>Breakfast: Nutri Grain Bar, Mixed Fruit, Milk<br>Lunch: Spaghetti, Pineapples, Peas, Roll, Milk<br>Snack: Vanilla Wafers, Cheese Sticks, Water | 17<br>Breakfast: Cheese Toast, Oranges, Milk<br>Lunch: Pizza, Pears, Corn, Milk<br>Snack: Pretzels, Cantaloupe, Water                      | 18<br>Breakfast: Raisin Bread, Peaches, Milk<br>Lunch: Chicken Nuggets, Broccoli Apples, Rolls, Milk<br>Snack: Cheeseballs, Carrots Water |
| 21<br>Breakfast: Cereal, Bananas, Milk<br>Lunch: Chicken & Cheese Wrap, Sweet Potato, Pineapples, Milk<br>Snack: Animal Crackers, Applesauce, Water | 22<br>Breakfast: Waffles, Oranges, Milk<br>Lunch: Mac & Cheese, Mixed Veg., Peaches, Milk<br>Snack: Graham Crackers, Strawberries, Water | 23<br>Breakfast: French Toast, Mixed Fruit, Milk<br>Lunch: Fish Sticks, Green Beans Pears, Roll, Milk<br>Snack: Cheese Its, Apples,                  | 24<br>Breakfast: Oatmeal, Peaches, Milk<br>Lunch: Cheese Ravioli, Peas & Carrots, Oranges Milk<br>Snack: Veggie Straws, Blueberries, Water | 25<br>Breakfast: Pancakes, Applesauce, Milk<br>Lunch Grilled Cheese, Carrots, Pears, Milk<br>Snack: Gold Fish, Pineapples, Water          |
| 28<br>Breakfast: Bagels, Mixed Fruit, Milk<br>Lunch: Turkey Meatballs, Mashed Potatoes, Peas, Applesauce, Milk<br>Snack: Pretzels, Celery, Water    | 29<br>Breakfast: Muffins, Pineapples Milk<br>Lunch: Turkey Sandwiches, Carrots, Apples, Milk<br>Snack: Cheese & Crackers, Water          | 30<br>Breakfast: Nutri Grain Bar, Mixed Fruit, Milk<br>Lunch: Spaghetti, Pineapples, Peas, Roll, Milk<br>Snack: Vanilla Wafers, Cheese Sticks, Water | 31<br>Breakfast: Cheese Toast, Oranges, Milk<br>Lunch: Pizza, Pears, Corn, Milk<br>Snack: Pretzels, Cantaloupe, Water                      | 1<br>Breakfast: Raisin Bread, Peaches, Milk<br>Lunch: Chicken Nuggets, Broccoli Apples, Rolls, Milk<br>Snack: Cheeseballs, Carrots Water  |

